



BBR Optometry's TEAR CLINIC offers the latest in technological advancements for treating Ocular Surface Disease.

Treatments available at BBR Optometry's TEAR CLINIC include:

- LipiFlow thermal pulsation treatment
- BlephEx Microblepharoexfoliation
- Demodex 40 day tea tree oil treatment
- Dissolvable and Permanent punctal plugs

By booking an initial appointment at the TEAR CLINIC, you will receive:

- Dedicated appointment time for an in-depth clinical history and symptom assessment
- Tear film composition assessment using TearLab and LipiView
- Tear volume and stability assessment
- Eyelid and ocular surface assessment using diagnostic staining
- Expert advice on a range of treatment options from your specialist Optometrist
- Follow-up appointments to assess treatment effectiveness
- Timely and proactive intervention without the need for a hospital appointment
- Confidence that you are doing everything possible to maintain and protect your eye health

Take the hassle out of daily eyecare.

The TEAR CLINIC service comes complete with:



Home delivery service



Flexible payment plans

www.bbropometry.co.uk



WHAT IS TEAR CLINIC?

TEAR CLINIC is a specialist eye care service to diagnose and manage ocular surface disease, relieving dry eye symptoms and preventing long-term complications.

For more information, ask at reception today!

BBR Optometry

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SUPPORTED BY



BBR Optometry

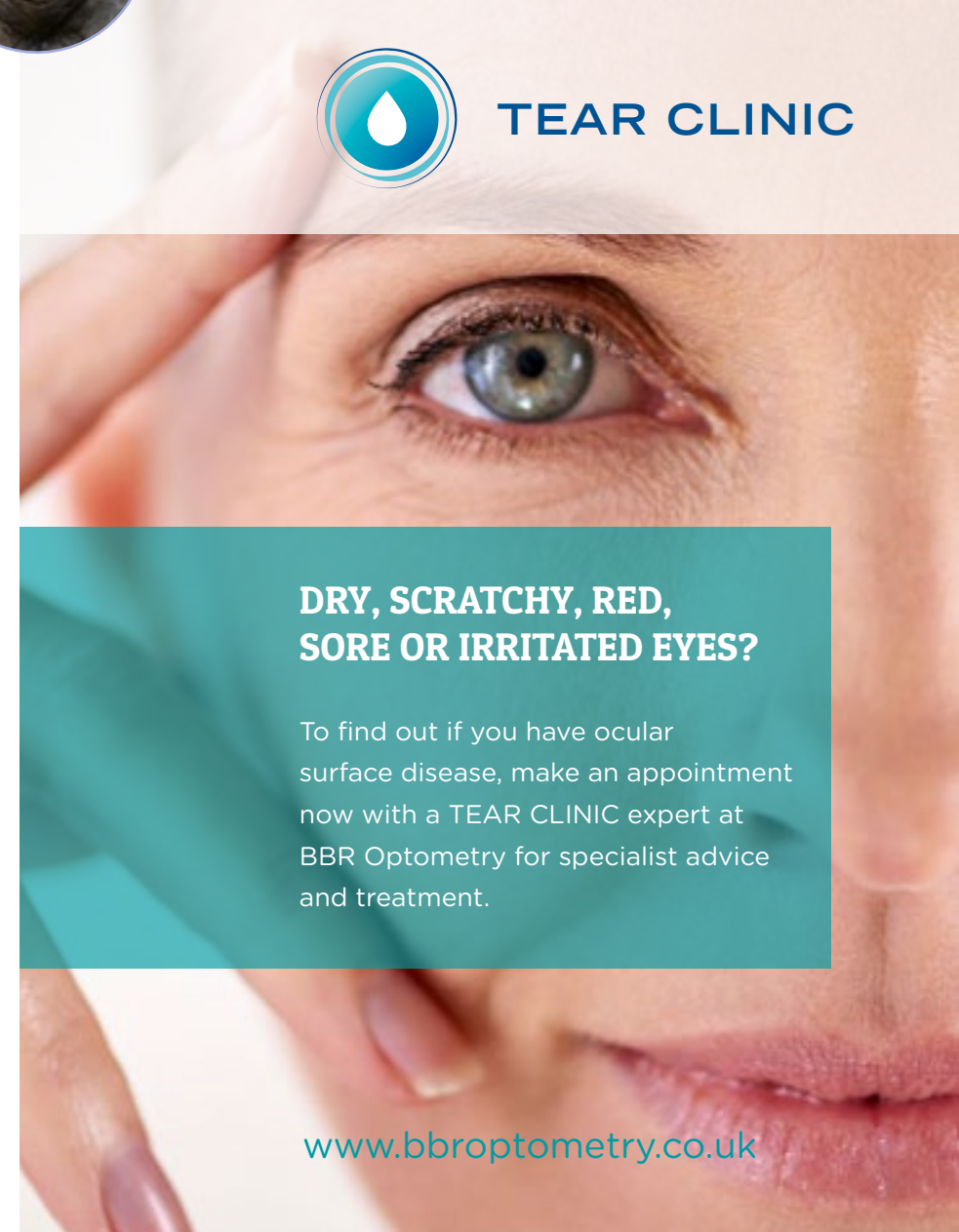


TEAR CLINIC

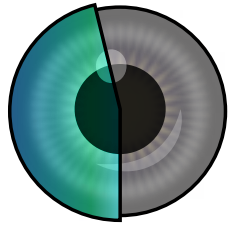
DRY, SCRATCHY, RED, SORE OR IRRITATED EYES?

To find out if you have ocular surface disease, make an appointment now with a TEAR CLINIC expert at BBR Optometry for specialist advice and treatment.

www.bbropometry.co.uk



Ocular surface disease is largely undiagnosed and untreated and affects a significant number of people.

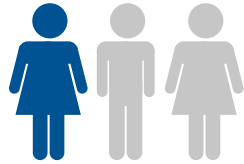


Nearly **50%**

of people surveyed with dry eye disease say it affects their work life!

1/3

people claim dry eyes impact the amount of time they spend reading, going outdoors or watching a movie!



Early intervention is crucial in preventing progressive and possibly permanent damage to the eyes.

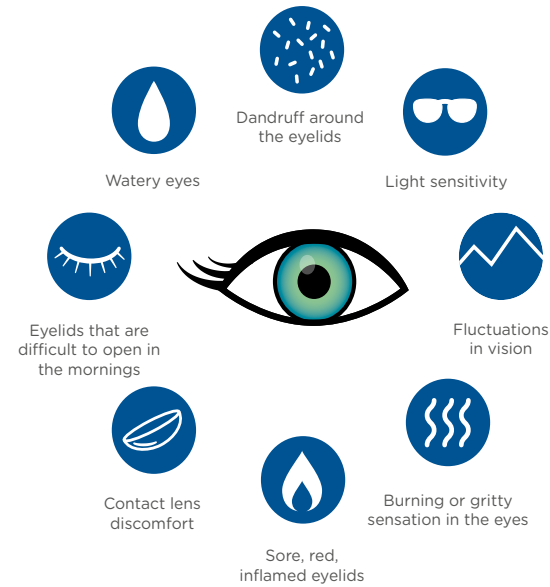
1. Scope Ophthalmics Market Research, 2015

WHAT IS OCULAR SURFACE DISEASE?

Ocular surface disease is a multifactorial disease of the tears and ocular surface. This general term is used to describe a range of conditions that affect the surface of the eye:

- Dry eye disease (DED)—Reduction in the volume and quality of tears
- Blepharitis—Inflammatory condition of the eyelids
- Meibomian gland dysfunction (MGD)—Reduced oil production leading to tear evaporation from the surface of the eye

Common signs and symptoms of ocular surface disease:



TAKE ACTION.

The TEAR CLINIC at BBR Optometry provides expert diagnosis, advice and treatment for ocular surface disease, using advanced techniques.

DO YOU...

- Wear contact lenses?
- Use computers for more than 6 hours per day?
- Take medications (e.g., antibiotics/antihistamines)?

Do you suffer from any of the following?

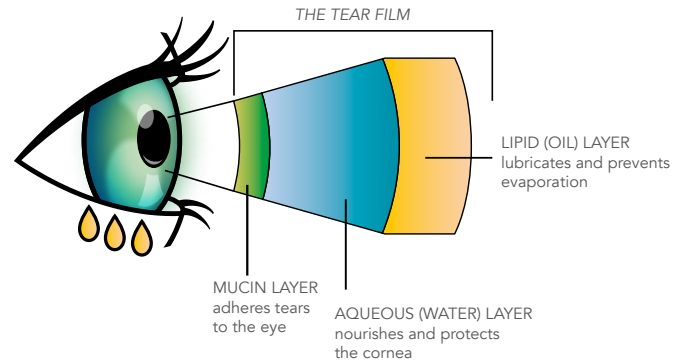
- Dry eyes
- Watery eyes
- Sandy or gritty feeling in your eyes
- Sore eyes upon waking
- Blurry or fluctuating vision
- Stinging or burning eyes
- Redness of eyes
- Contact lens discomfort

If so, you could be suffering from ocular surface disease.

Why is tear film important?

The surface of our eyes is coated with a thin layer of tears, called the tear film, which washes, protects, nourishes and lubricates the eye.

Blinking smooths the tear film evenly across the surface of the eye and stimulates the glands to produce more tears.



DON'T LET OCULAR SURFACE DISEASE IMPACT YOUR QUALITY OF LIFE.

A recent survey showed that people with ocular surface disease reported!

- Reduced self confidence due to the impact on their appearance
- Disrupted social activity (e.g., impact on time spent reading/watching TV)
- Decreased productivity at work due to eye fatigue
- Spending less time outdoors due to the effect of the weather (e.g., sun & wind) had on their eyes.

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1. Scope Ophthalmics Market Research, 2015

Don't Take Our Word For It. ...Hear What Our Customers Have to Say.



"The service has been useful to help me understand and manage the dryness in my eye"
TONY



"Each stage of my treatment was clearly explained. As always BBR provided an excellent professional service"
SANDRA



"Two months post Lipiflow I am noticing that I can cope without eye drops and my eyes are generally much less dry"
CLARE